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UNITED STATES DISTRICT COURT
SOUTHERN DISTRICT OF CALIFORNIA

ELIZABETH MIRABELLI, and LORI ANN WEST, individually and on behalf of herself and all others similarly situated, et al.,

Plaintiffs,

v.

MARK OLSON, in his official capacity as President of the EUSD Board of Education, et al.,

Defendants.

Case No.: 3:23-cv-768-BEN-WVG

ORDER GRANTING SUMMARY JUDGMENT IN FAVOR OF THE PLAINTIFFS ON CLAIMS 1, 2, 3, 6, 7, AND 8, DECLARING CONSTITUTIONAL RIGHTS, AND GRANTING A PERMANENT INJUNCTION
[Dkt. 247]

Long before Horace Mann advocated in the 1840’s for a system of common schools and compulsory education, parents have carried out their rights and responsibility to direct the general and medical care and religious upbringing of their child. “The history and culture of Western civilization reflect a strong tradition of parental concern for the nurture and upbringing of their children. This primary role of the parents in the upbringing of their children is now established beyond debate as an enduring American tradition.” *Wisconsin v. Yoder*, 406 U.S. 205, 232 (1972). It is a right and a responsibility that parents still hold. *Mahmoud v. Taylor*, 145 S. Ct. 2332, 2357 (2025) (applying *Yoder* as “embod[ying] a principle of general applicability”). The role of a

1 parent includes a duty to recognize symptoms of illness and to seek medical advice.
2 *Parham v. J.R.*, 442 U.S. 584, 604 (1979). These rights are protected by the First and
3 Fourteenth Amendments to the Constitution. *Troxel v. Granville*, 530 U.S. 57, 65-66
4 (2000) (“It is cardinal with us that the custody, care and nurture of the child reside first in
5 the parents, whose primary function and freedom include preparation for obligations the
6 state can neither supply nor hinder.”). Fortunately, the natural bonds of affection
7 normally lead parents to act in the best interests of their child. *Parham*, 442 U.S. at 602.

8 With these longstanding principles in mind, this case presents the following four
9 questions about a parent’s rights to information as against a public school’s policy of
10 secrecy when it comes to a student’s gender identification. First, do parents have a right
11 to gender information based on the Fourteenth Amendment’s substantive due process
12 clause? Second, do parents have a right to gender information protected by the First
13 Amendment’s free exercise of religion clause? Third, do religious public school teachers
14 have a right to provide gender information to parents based on the First Amendment’s
15 free exercise clause? Fourth, do public school teachers have a right to communicate
16 accurate gender information to parents based on the First Amendment free speech clause?
17 In each case, this Court concludes that, as a matter of law, the answer is “yes.” Parents
18 have a right to receive gender information and teachers have a right to provide to parents
19 accurate information about a child’s gender identity.¹

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26 ¹ This summary judgment decision addresses only the certified class of parents and
27 teachers and their federal constitutional claims brought in the form of a class action
28 against the California Superintendent of Public Instruction, the Members of the California
State Board of Education, and the State Attorney General (the “State Defendants”).

1
2 Historically, school teachers informed parents of physical injuries or questions
3 about a student’s health and well-being. For example, where an eight-year old student is
4 sexually assaulted at school, the school owes a duty to inform the parents. *Phyllis P. v.*
5 *Superior Court*, 183 Cal. App. 3d 1193, 1196 (1986) (“We hold that such a special
6 relationship exists here between defendants and petitioner, and defendants had a duty to
7 notify petitioner upon learning of the first series of sexual assaults upon [the student].”).
8 But for something as significant as a student’s expressed change of gender, California
9 public school parents end up left in the dark. When it comes to a student’s change in
10 gender identity, California state policymakers apparently do not trust parents to do the
11 right thing for their child. So, the state purposefully interferes with a parent’s access to
12 meaningful information about their child’s gender identity choices. The state does this by
13 prohibiting public school teachers from informing parents. The State Defendants explain
14 that these policies are needed to prevent bullying and harassment. Preventing student
15 bullying and harassment in school is a laudable goal. The problem is that the parent
16 exclusion policies seem to presume that it is the parents that will be the harassers from
17 whom students need to be protected.

18 Even if the State Defendants could demonstrate that excluding parents was good
19 policy on some level, such a policy cannot be implemented at the expense of parents’
20 constitutional rights. The difficult and long lasting issues of gender nonconformity leave
21 parents to suffer adverse consequences over a lifetime. The State Defendants, on the
22 other hand, have no personal investment in a student’s health and the State Defendants
23 will not be exposed to a lifetime of a student’s mental health issues. Instead, that will be
24 the parents’ grief to bear alone.

25 If parents were informed early on (as is their right) after a student says or dresses
26 in a way that suggests a non-conforming gender identity, four of the five probable
27 outcomes will be positive. One, the parents might fully affirm their child’s new gender
28 identity. According to the defense experts, this is the best possible outcome of having the

1 child's gender identity affirmed in both school and home life. "Depends on the reactions
2 of the family. But in situations where they are supported and not rejected, they fare
3 better, yes." Deposition Transcript of Dr. Christine Brady, Dkt. 243-7, at 209;
4 Deposition Transcript of Dr. Erica Anderson, Ph.D, Dkt 247-10, at 25 ("And – and the
5 scientific literature confirms that children grow up healthy and happy when they are
6 supported by the adults and caregivers in their lives."); *Id.* at 123 ("This is a well-known
7 view of people in the field, which is that children who are supported by their families do
8 better than those who are not.").

9 Two, the parents might arrange health care from clinicians like Dr. Szajnberg, Dr.
10 Brady, Dr. Anderson, or Darlene Tando, to help the child work through issues
11 therapeutically. Once again, this is a good outcome according to the defense experts
12 because the child can be authentic and supported in both school and home life.

13 Three, the parents might not take a position while waiting to see if the child's
14 gender identity persists over time. Still, the child can be authentic at school and in home
15 life and at least one third of young children eventually de-transition with time.
16 Deposition Transcript of Dr. Christine Brady, Dkt. 243-7, at 84-86.

17 Four, although they love their child, the parents might disagree completely.
18 "Parents – in my vast experience with . . . thousands of families over a long career,
19 parents love their children. They want what's best for them. Do parents always agree
20 with every decision of their children? No. Do they have good reasons? Almost always."
21 Deposition Transcript of Dr. Erica Anderson, Ph.D, Dkt 247-10, at 52. Even the defense
22 experts agree that parental disagreement is a valid reaction.

23 Q. And so just to -- just because a
24 parent is not immediately affirming that doesn't mean
25 they don't love their child, correct?

26 A. Yes.

27 Q. And that does not mean they'll
28 abuse their child, correct?

A. I can't guarantee that.

Q. It doesn't necessarily mean that.

1 You would agree, correct?

2 A. Correct.

3 Deposition Transcript of Darlene Tando, LMFT, Dkt. 243-3, at 245.

4 Overall, it is a grave mistake to deprive parents of information about their child's
5 gender at school, according to Dr. Anderson: "My objection is depriving parents of the
6 knowledge of what's going on with their child's gender at school, particularly if the child
7 chooses a different preferred name and pronouns and wants accommodations and that is
8 information that is shared throughout the school by -- by teachers, staff, and students.
9 To deprive parents of that information is a grave mistake in my opinion." Deposition
10 Transcript of Dr. Erica Anderson, Ph.D, Dkt 247-10, at 57. Disagreement is not abuse,
11 and the court so finds. In contrast, adolescent social transitioning without parents usually
12 results in serious problems for the adolescent. Dr. Anderson testified,

13 Q. Okay. Say with an adolescent. Are you aware of
14 circumstances where in any context and adolescent has socially
15 transitioned without the help or knowledge of their parents?

16 A. I am. And some of those cases involve kids in
17 California. And the cases only come to my attention because
18 there is a rupture and serious problems with the child."

19 Deposition Transcript of Dr. Erica Anderson, Ph.D, Dkt 247-10, at 116.

20 Five. For the isolated instances where a parent or caregiver commits physical
21 abuse on a child, there are mandatory reporting laws and a complete law enforcement and
22 judicial system in place. Even there, "courts have recognized that a state has no interest
23 in protecting children from their parents unless it has some definite and articulable
24 evidence giving rise to a reasonable suspicion that a child has been abused or is in
25 imminent danger of abuse." *Brokaw v. Mercer County*, 235 F.3d 1000, 1019 (7th Cir.
26 2000).

27 Three Supreme Court Justices recently described this issue as "a particularly
28 contentious question," *i.e.*, "whether a school district violates parents' fundamental rights
when, without parental knowledge or consent, it encourages a student to transition to a

1 new gender or assists in that process.” *Lee v Poudre*, (Oct 14, 2025) (Alito, Thomas,
2 Gorsuch) (statement respecting denial of certiorari). These Justices describe the question
3 as one of “great and growing national importance.” *Id.*

4 The state bases its legal position on a derogation of the parents’ federal
5 constitutional right to care for and raise their children and an unwarranted aggrandizing
6 of a student’s state-created right to privacy. California’s education policymakers may be
7 experts on primary and secondary education but they would not receive top grades as
8 students of Constitutional Law. They misapprehend the supremacy of federal
9 constitutional rights. *Doe v. Dynamic Physical Therapy, LLC*, 607 U.S. ____, No. 25-180
10 (Dec. 8, 2025) (quoting U.S. Const., Art. IV, cl. 2) (per curiam). They misperceive
11 federal constitutional rights belonging to parents as weak-kneed and frail and subservient
12 to the student’s right to privacy. Yet, under federal constitutional law, “parents [] retain
13 a substantial, if not the dominant, role.” *Parham*, 442 U.S. at 604. How did they arrive
14 at this miscalculation?

15 The State Defendants mix up legal constructs. The Attorney General on behalf of
16 the State of California says Plaintiffs’ lawsuit is “properly understood as seeking a
17 federal constitutional exemption from the California constitutional right to privacy, as
18 applied to gender identity in the school context.” State Defs’ Oppo to Plaintiffs’ MSJ,
19 Dkt 256, at 9. But the Attorney General gets it upside down. Plaintiffs do not ask the
20 State to magnanimously permit a sort of federal constitutional exemption. What
21 Plaintiffs seek is to force the State to respect their enduring federal constitutional rights as
22 citizens of the United States.

23 I. BACKGROUND

24 The Plaintiffs move for summary judgment against the state defendants. Earlier,
25 Plaintiffs’ claims for money damages against all defendants and all claims against the
26 Escondido Union School District were severed and stayed. The Plaintiffs have been
27 certified as a class under F.R.C.P Rule 23(b)(2) and (b)(1)(A). The Plaintiffs’ class
28 action seeks prospective relief against the State Defendants in the form of a permanent

1 injunction enjoining school gender policies they refer to as “Parental Exclusion Policies.”
2 These policies were developed at the State Department of Education under the apparent
3 authority of the Superintendent of Public Instruction and the Board of Education. *See*
4 *e.g.*, Model Policy AR 5145, Exh 12 Dkt 153-3 at 89-95. The policies have been
5 adopted by local school districts throughout the state.² *See* Dkt 207-1, at 5-21 (listing
6 598 California school districts that have similar policies). The gender policies were
7 described in more detail in this Court’s earlier Order granting a preliminary injunction.
8 *See* Order (dated September 14, 2023) Dkt 42.

9 These parental exclusion policies are designed to create a zone of secrecy around a
10 school student who expresses gender incongruity. The policies restrain public school
11 teachers and staff from informing parents about a child’s unusual gender expression,
12 unless the child consents. The policies apply to children as young as two and as old as
13 seventeen. The policies do not permit teachers to use their own judgment in responding
14 to an inquiring parent. Unless the child consents, the teacher who communicates about a
15 child’s gender incongruity faces adverse employment action. However, prohibiting
16 accurate answers to a parent’s question is, the plaintiff class asserts, a violation of several
17 federal constitutional rights. In particular, the parents subclass asserts rights under the
18 First and Fourteenth Amendments while the teacher subclass asserts rights under the free
19 speech and the free exercise clauses of the First Amendment.

20 The State Defendants initially claimed that the whole question is a moot point.
21 They originally said that by taking down the FAQ page on gender identity from their
22 official website it should be obvious that their policies have changed. But the State
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25 ² *See e.g., Regino v. Staley*, 133 F.4th 951, n.1 (9th Cir. 2025) (describing Chico Unified
26 School District’s Regulation #5145.3 which is based on a sample regulation circulated by
27 the California School Boards Association in accordance with directives issued by the
28 California Department of Education, a regulation similar to the polices addressed here
that restrict school teachers from informing parents about their child’s gender identity
changes).

1 Defendants have declined to enter into a consent judgment binding themselves and their
2 successors in office. And recently, when faced with the presence of fresh statements of
3 the parental exclusion policies in a newly state published cultural competency training
4 program called PRISM, the State Defendants have formally withdrawn their claim that
5 the case is moot. *See* Plaintiffs’ Ex Parte Motion for Sanctions, Dkt 292; Notice of
6 Withdrawal of Mootness Argument Pertaining to Plaintiffs’ Motion for Summary
7 Judgment, Dkt 298. And so, the actual chilling effect of the parental exclusion policies
8 on Plaintiffs’ constitutional rights remains.

9 To avoid confusion, it is noted that this case is not about the recently enacted
10 California Assembly Bill 1955. AB 1955 prohibits forced disclosure by teachers. It does
11 not, by its terms, prohibit a teacher’s voluntary disclosure. *City of Huntington Beach v.*
12 *Newsom*, Appeal No. 25-3826, 2025 US App. LEXIS 29953 *11 (9th Cir. Sept. 12, 2025)
13 (mem. disp.) (“[n]othing in the language of these provisions [of AB 1955] forbids a
14 school employee from deciding to disclose such information to a parent Nor does
15 anything in these provisions [of AB 1955] forbid a school district from adopting a policy
16 that employees *may* elect to make such disclosures.”) (emphasis in original). This is
17 precisely the injunctive relief the Plaintiffs class seeks in this case. The class seeks an
18 injunction which would permit teachers to disclose (of their own volition) gender identity
19 information to parents.

20 Does the passage of AB 1955 effectively mean the Plaintiffs have won? Do
21 teachers now have a green light to inform parents once again, as they have done since the
22 days of Horace Mann? No. The State Defendants, on one hand, say that AB 1955 does
23 not prevent voluntary disclosure while, on the other hand, the State Defendants say that
24 voluntary disclosure is prohibited by the privacy clause of the state constitution and other
25 state anti-discrimination laws. Moreover, the text of AB 1955 says that it did not change
26 existing law. *See e.g.*, Cal. Educ. Code §220.3 (b) (“Subdivision (a) does not constitute a
27 change in, but is declaratory of, existing law.”); Cal. Educ. Code § 220.5 (b) (same).
28 Does “existing law” include existing regulatory policies? The plaintiffs make the point

1 that it is almost like the State Defendants are trying to confuse the question.³ To dispel
2 any uncertainty, this Court asked that question of the Deputy Attorney General
3 representing the State Defendants. To his credit, he agreed that notwithstanding AB
4 1955, other state laws could still be used to prohibit disclosure of gender identification
5 information to parents.

6 Court: And let me ask you whether or not you agree that
7 there are other laws that could prohibit or restrain a teacher or a
8 school district from disclosing to the parents that their child has
manifested a gender incongruity besides 1955?

9 Mr. Quade: Yes, I think there are.

10 Hearing Transcript (Nov. 24, 2025), Dkt. 303, at 75. Nowhere in the body of AB 1955
11 can be found a positive statement that teachers *may voluntarily inform* a student's
12 parents. So, this case continues to present a live dispute about a parent's right *to receive*
13 *information* about their child and whether a teacher may voluntarily *offer information*
14 about their student's gender expression with a parent.
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19 ³ See Hearing Transcript (Nov. 24, 2025), Dkt. 303, at 78:

20 Counsel for Plaintiffs: And, honestly, it's intentionally
21 confusing. They posted a Web page with model policies that
22 say you can't disclose it. Every school district adopted them
23 without asking questions. They're still on the books. Then we
24 filed this case, and they played games, and then they changed
the page with the new language from AB 1955, and no one
knows what it means.

25 On the one hand, they say teachers can voluntarily
26 disclose -- whatever that means. And how do you -- how do
27 you reconcile that with what the Attorney General says on his
28 Web page? Here's what's really happening. What's really
happening is the FAQ page accomplished its objective. Every
school has these policies on the books.

1 The dispute must be resolved against the legal backdrop of the federal constitutional
2 right to direct the medical care and religious upbringing of a child, including the right to
3 make important medical care decisions. While there are no genuine issues of material
4 fact, the factual context is the case where a child’s unusual gender expression may be a
5 sign of psychological distress that *may need treatment* and the constitutional right of
6 parents to know.

7 **II. PLAINTIFFS’ MOTION FOR SUMMARY JUDGMENT**

8 The class action plaintiffs seek summary judgment and declaratory and injunctive
9 relief from the State Defendants.⁴ The class claims numbered 1,2,3,6,7, and 8 are
10 addressed in reverse order, from strongest to weakest, beginning with the class claims of
11 parents and ending with the class claims of teachers.

12 **III. APPLICABLE LAW**

13 Federal Rule of Civil Procedure 56 sets forth the well-known standard for
14 summary judgment as explained by a trio of Supreme Court cases: *Celotex Corp. v.*
15 *Catrett*, 477 U.S. 317 (1986); *Anderson v. Liberty Lobby, Inc.*, 477 U.S. 242 (1986);
16 *Matsushita Elec. Indus. Co. v. Zenith Radio Corp.*, 475 U.S. 574 (1986). The standards
17 are not disputed here. Under these standards, summary judgment may be entered where
18 there are no genuine issues of material fact and the moving party is entitled to judgment
19 as a matter of law. The State Defendants do not contend that genuine issues of material
20 fact are present that require trial. When asked at the hearing about what genuine issues of
21 material fact were present in this case, the Deputy Attorney General could not point to a
22 fact issue, instead explaining “fundamentally ... in our view, plaintiffs’ constitutional
23 claims are not cognizable; they’re not viable. . . . So recognizing that this is a motion for
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27 ⁴ Claims for money damages and for violations of Title VII have been severed and
28 stayed.

1 summary judgment, I think that our view of it is that as a matter of law, these claims are
2 not correct.” Hearing Transcript at 125-26.⁵

3 As mentioned above, the State Defendants defend their parental exclusion policies
4 by relying on state-created privacy rights. The State Defendants see one source of those
5 state-created rights as flowing from the California Constitution. Article 1, Section 1 of
6 the California Constitution provides, “All people are by nature free and independent and
7 have inalienable rights. Among these are . . . privacy.” Another source of student
8 privacy rights mentioned by the State Defendants is found in state anti-discrimination
9 laws. The primary statute is California Education Code §220. Section 220 prohibits
10 discrimination by educational institutions in the following terms: “[n]o person shall be
11 subjected to discrimination on the basis of . . . gender, gender identity, gender expression
12 . . . or any other characteristic that is contained in the definition of hate crimes set forth in
13 Section 422.55 of the Penal Code.”⁶

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16 ⁵ The only potential issue of fact the State Defendants identify in their briefing (at page
17 37) is whether or not “respecting a student’s social transition is medical treatment.” The
18 State Defendants contend that social transitioning is not medical treatment. This is not a
19 material fact essential to deciding the constitutional claims. But if it were a material fact,
20 there is no genuine issue. The Ninth Circuit has already decided that social transitioning
21 is indeed a type of medical treatment for gender dysphoria. *See Doe v. Horne*, 115 F.4th
22 1083, n.13 (9th Cir. 2024) (“The goal of medical treatment for gender dysphoria is to
23 alleviate a transgender patient's distress by allowing them to live consistently with their
24 gender identity. This treatment, ‘commonly referred to as ‘transition,’ includes ‘one or
25 more of the following components: (i) social transition, including adopting a new name,
26 pronouns, appearance, and clothing, and correcting identity documents’”).

27 ⁶ California Penal Code §422.55 provides: “For purposes of this title, and for purposes of
28 all other state law unless an explicit provision of law or the context clearly requires a
different meaning, the following shall apply: (a) “Hate crime” means a criminal act
committed, in whole or in part, because of one or more of the following actual or
perceived characteristics of the victim: (1) Disability. (2) Gender. (3) Nationality. (4)
Race or ethnicity. (5) Religion. (6) Sexual orientation. (7) Association with a person or
group with one or more of these actual or perceived characteristics. (b) “Hate crime”
includes, but is not limited to, a violation of Section 422.6.” In turn, Penal Code §422.6

1 However, where state-created rights run headlong into federal constitutional rights,
2 federal rights are supreme. “The Supremacy Clause supplies a rule of decision when
3 federal and state laws conflict. . . . So, for example, when a regulated party cannot
4 comply with both federal and state directives, the Supremacy Clause tells us the state law
5 must yield.” *Martin v. United States*, 605 U.S 395, 409 (2025) (citation omitted).

6 **IV. ANALYSIS**

7 **A. Parents’ 14th Amendment Substantive Due Process Rights (Claim 7)**

8 Parents of public school children assert that the state’s parental exclusion policies
9 violate their substantive due process rights as parents. Substantive due process rights are
10 rooted in the Fourteenth Amendment Due Process Clause which “provides heightened
11 protection against government interference with certain fundamental rights and liberty
12 interests.” *Troxel v. Granville*, 530 U.S. 57, 65 (2000). For a substantive due process
13 claim, a court’s analysis begins by carefully formulating the asserted right and adopting a
14 narrow definition of the interest at stake. *Regino v. Staley*, 133 F.4th 951, 964-65 (9th
15 Cir. 2025). Next, a court considers whether the right is deeply rooted in this nation’s
16 history and tradition and implicit in the concept of ordered liberty, such that neither
17 liberty nor justice would exist if it was sacrificed. *Id.* at 965.

18 The right of parents to make decisions about their children -- including decisions
19 on education, medical care and religious training – is long-recognized and deeply rooted
20 in American history. “The Supreme Court has long recognized ‘the fundamental right of
21 parents to make decisions concerning the care, custody, and control of their children.’”
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24 provides: “(a) A person, whether or not acting under color of law, shall not, by force or
25 threat of force, willfully injure, intimidate, interfere with, oppress, or threaten any other
26 person in the free exercise or enjoyment of a right or privilege secured by the
27 Constitution or laws of this state or by the Constitution or laws of the United States in
28 whole or in part because of one or more of the actual or perceived characteristics of the
victim listed in subdivision (a) of Section 422.55.”

1 *Regino*, 133 F.4th at 965 (quoting *Troxel*, 530 U.S. at 66). “More than 75 years ago, in
2 *Meyer v. Nebraska*, 262 U.S. 390, 399, 401 (1923), we held that the ‘liberty’ protected by
3 the Due Process Clause includes the right of parents to ‘establish a home and bring up
4 children’ and ‘to control the education of their own.’” *Troxel*, 530 U.S. at 66. “The
5 liberty interest at issue in this case—the interest of parents in the care, custody, and
6 control of their children—is perhaps the oldest of the fundamental liberty interests
7 recognized by this Court.” *Troxel*, 530 U.S. at 65.

8 The parental right is broad and encompasses both a right to direct a child’s
9 education and a duty to provide for a child’s health care. The Supreme Court has
10 specifically recognized that within the broader parental right to raise children lies a
11 narrower right to decide when a child needs health care. In *Parham v. J.R.*, 442 U.S. 584,
12 602 (1979), the Supreme Court said,

13 Our jurisprudence historically has reflected Western
14 civilization concepts of the family as a unit with broad parental
15 authority over minor children. Our cases have consistently
16 followed that course; our constitutional system long ago
17 rejected any notion that a child is "the mere creature of the
18 State" and, on the contrary, asserted that parents generally
19 "have the right, coupled with the high duty, to recognize and
20 prepare their children for additional obligations." Surely, this
21 includes a "high duty" to recognize symptoms of illness and to
22 seek and follow medical advice. The law's concept of the
23 family rests on a presumption that parents possess what a child
lacks in maturity, experience, and capacity for judgment
required for making life's difficult decisions. More important,
historically it has recognized that natural bonds of affection
lead parents to act in the best interests of their children.

24 (citing *Pierce v. Society of Sisters*, 268 U.S. 510, 535 (1925); *Wisconsin v. Yoder*, 406
25 U.S. 205, 213 (1972); *Prince v. Massachusetts*, 321 U.S. 158, 166 (1944); and *Meyer v.*
26 *Nebraska*, 262 U.S. 390, 400 (1923)). And “[s]imply because the decision of a parent is
27 not agreeable to a child or because it involves risks does not automatically transfer the
28 power to make that decision from the parents to some agency or officer of the state.”

1 *Parham*, 442 U.S. at 603. “Most children, even in adolescence, simply are not able to
2 make sound judgments concerning many decisions, including their need for medical care
3 or treatment. Parents can and must make those judgments.” *Id.*

4 So strong is the parental right to make health care decisions for a child that even
5 the dissenting Justices in *Parham* took time to describe the necessity of a shield (from
6 state interference) for the parent-child relationship:

7 The rule in favor of deference to parental authority is designed
8 to shield parental control of child rearing from state
9 interference. The rule cannot be invoked in defense of
10 unfettered state control of child rearing or to immunize from
11 review the decisions of state social workers. The social worker-
12 child relationship is not deserving of the special protection and
deference accorded to the parent-child relationship, and state
officials acting in loco parentis cannot be equated with parents.

13 *Parham*, 442 U.S. at 637-38 (Brennan, J, Marshall, J, Stevens, J, concurring in part and
14 dissenting in part) (citations omitted). At the same time, the constitutional rights of
15 parents are not unlimited or unbounded. *Regino*, 133 F. 4th at 961. The Supreme Court
16 has upheld a state prohibition on children selling a Jehovah’s Witnesses Watchtower
17 magazines on public sidewalks over a parent’s First and Fourteenth Amendment rights,
18 noting “neither rights of religion nor rights of parenthood are beyond limitation.” *Prince*
19 *v. Massachusetts*, 321 U.S. 158, 166 (1944); *cf. Jehovah's Witnesses of Wash. v. King*
20 *Cty. Hosp.*, 278 F. Supp. 488, 498 (W.D. Wash. 1967), *aff'd*, 390 U.S. 598 (1968) (per
21 curiam) (upholding state’s authority to order necessary blood transfusions to minor
22 children, contrary to the expressed beliefs and directions of their parents); *see also Pickup*
23 *v. Brown*, 740 F.3d 1208, 1236 (9th Cir. 2014) (“the fundamental rights of parents do not
24 include the right to choose a specific type of provider for a specific medical or mental
25 health treatment that the state has reasonably deemed harmful.”).

26 The State Defendants do not disagree in principle. How could they? The State
27 Defendants disagreement is not about the recognition of parental constitutional rights.
28 The State Defendants disagree over where to draw lines. In this case, the parent plaintiffs

1 seek a modest drawing of the lines. The parent plaintiffs want accurate information about
2 their children from school staff. They reasonably contend that accurate information is
3 necessary to carry out the right and duty to direct their children in religion, in medical
4 care, and in life.

5 The State Defendants draw the lines differently. The State Defendants argue that
6 their policies do not amount to government coercive (*e.g.*, coercing a minor into having
7 an abortion) or restraining conduct, so they do not offend the Constitution, citing *Foote v.*
8 *Ludlow Sch. Comm.*, 128 F.4th 336, 353 (1st Cir. 2025). But unlike in this case⁷, in
9 *Foote* there was “no allegation suggest[ing] that, when the Parents tried to speak with
10 school officials about the Student, the officials misrepresented the name the Student had
11 chosen for in-school use.” *Id.* And while the court was sympathetic (“we are
12 sympathetic to the Parents' interest in having as much information as possible about their
13 child's well-being and behavior in school revealed to them”), it drew the lines differently
14 and concluded that “this canon *does not require governments to assist* parents in
15 exercising their fundamental right to direct the upbringing of their children.” *Id.* at 355
16 (emphasis added); *see also Anspach v. City of Phila.*, 503 F.3d 256, 266 (3d Cir. 2007)
17 (where teen obtained emergency contraceptive pills from a government clinic, the clinic
18 was not constitutionally required to assist by notifying parents).

19 Closer to home, the Ninth Circuit has recognized that there is an absence of
20 precedential rulings on this subject within this circuit. But it would be error to not decide
21 these issues in the first instance simply because of a lack of precedent. *Regino*, 133 F.4th
22 at 961-62 (“Because existing precedent did not expressly address Regino's articulation of
23 her asserted fundamental rights, the district court held that the rights she asserted were
24 not fundamental. This was error. We have never held that a plaintiff asserting a
25 substantive due process claim must show that existing precedent clearly establishes the
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28 ⁷ See *e.g.*, Decl of John Poe, Dkt 247-7 at ¶¶26-28; Decl of John Doe, Dkt 247-9 at ¶5.

1 asserted fundamental right, and we see no reason to import this standard now.”). The
2 parent plaintiff class in this case do not ask schools for “assistance” in caring for their
3 child. Instead, they ask schools to not erect barriers and to simply permit accurate
4 communications about the well-being of their children. They want an end, to use the
5 words of the Supreme Court, of “substantial interference” from the state public school
6 system. *Mahmoud*, 145 S. Ct. at 2350-51.

7 The parents’ main concern about whether their child might be expressing gender
8 incongruity is because of the relationship to a medical condition known as *gender*
9 *dysphoria*. Left untreated, gender dysphoria is a serious condition which can develop
10 into anxiety, depression, and even suicidal ideation. The Ninth Circuit recently described
11 the condition flawlessly in *Pritchard v. Blue Cross Blue Shield of Ill.*, No. 23-4331, 2025
12 U.S. App. LEXIS 29943, at *7-8 (9th Cir. Nov. 17, 2025):

13 Someone's gender identity is their "inner sense of
14 belonging to a particular sex, like male or female." Most
15 people are cisgender, and their "actual sex" matches the sex
16 they "are assigned . . . based solely on the appearance of their
17 external genitalia." For transgender people, however, their
18 gender identity and sex do not match. As the American
19 Psychiatric Association has recognized, this "gender
20 incongruence, in and of itself, does not constitute a mental
21 disorder." However, a transgender person can suffer from
22 gender dysphoria if the "marked incongruence between their
23 experienced/expressed gender and assigned gender" causes
24 "clinically significant distress or impairment in social,
25 occupational, or other important areas of functioning." Without
26 treatment, gender dysphoria can lead to anxiety, depression,
27 suicide, and other mental health problems.

28 Healthcare providers can treat gender dysphoria using
counseling, hormone therapy, surgery, and other forms of
gender-affirming care. Providers adapt the treatments used to
the medical needs of each patient; not all patients need each
treatment.

1 Dr. Nathan M. Szajnberg, M.D., is a double-board certified psychiatrist with forty years
2 of experience. Szajnberg testified that gender dysphoria is a specific medical diagnosis.
3 Deposition Transcript of Szajnberg, Dkt 247-11 at 18. Dr. Szajnberg explains that
4 “gender identity issues can percolate through, and the child does fine, or it can transform
5 into gender identity disorder. And if it does, we now know from the literature they are --
6 it's replete with other serious psychiatric diagnoses, like major depression, autism, and so
7 on.” Transcript of Szajnberg, Dkt 247-11 at 100.

8 Consider these three case examples. In *Regino*, the child was eleven years old and
9 in fifth grade. She began to feel depressed and anxious likely due to her mother's breast
10 cancer and her grandfather's passing. The school counselor “addressed issues of gender
11 identity and sexuality” with the child. 133 F.4th at 957. Within a few months the child
12 began to express she felt like a boy and wanted a new name and pronouns. *Id.* The
13 counselor relayed the name/pronoun decision to her teacher and eventually other school
14 personnel. *Id.* at 958. Late in the school year, the child told her grandmother who, in
15 turn, told the child's mother. *Id.* Regino let her child know that she supported her and
16 would assist in her transition, if that is what she wanted. Importantly, the mother also
17 arranged for counseling to discuss the depression and anxiety. *Id.* Over the spring and
18 summer, the child's feelings about being a boy subsided. *Id.* According to *Regino*, the
19 child identified as a girl again and remained in counseling for depression and anxiety. *Id.*

20 Had the mother continued to be uninformed about her student's gender non-
21 conformity at school, the child would not have known of or benefitted from her mother's
22 support. Her mother was able to arrange for counseling, which of course, an eleven year-
23 old could not do on her own. Through counseling, her underlying issues of depression
24 and anxiety are being treated and her child's mistaken feelings about her gender are not
25 complicating the treatment. In effect, Regino did what parents normally do: she
26 supported her child in an emotionally difficult time and arranged expert help for their
27 child. In this case, social transitioning may have mistakenly masked a more serious
28 mental health challenge.

1 The State Defendants’ expert, Dr. Brady, tells the second story of another child: an
2 autistic boy who liked the color pink and mistakenly concluded that he must be a girl.
3 The patient had autism spectrum disorder and because of his cognitive rigidity, he
4 thought that if he liked pink, he must be a girl. Deposition Transcript of Brady, Dkt 243-
5 7, 112-114. Dr. Brady describes it this way. “So in that particular case, the patient
6 presented to me because of the questions that they were asking themselves. And so our
7 time together was spent on exploring why they felt that way and how they came to
8 conclude that they were female identified. And during that time, I did affirm the patient
9 and use appropriate name and pronouns that she had chosen at that time. But we
10 explored that some more, and she came to understand that colors are not necessarily
11 gendered and was more expansive in her ability to -- I’m sorry. At the end of therapy, he
12 was using he again but in his ability to kind of understand gender more fully.” *Id.* The
13 boy, after a time of supportive counseling came to understand his innate male gender.
14 Dr. Brady noted, “at least at the time we terminated therapy, he had come to a place
15 where he was identifying as male but identified he had feminine qualities. *Id.*

16 Because of counseling with Dr. Brady, the boy-who-liked-pink is living a
17 healthier, more self-aware and integrated life. The counseling with Dr. Brady would not
18 have taken place without the boy’s parents being informed about his gender questioning.
19 Because the parents were informed, they did what parents usually do and sought expert
20 advice. The boy could not have arranged for counselling with Dr. Brady by himself.
21 Had the parents been unaware of their boy’s new gender expression, the boy may have
22 continued through his years mistakenly thinking he must be a girl and suffered from all of
23 the dysphoria that may have followed.

24 The third case study is a cautionary tale. While attending a California public
25 school in 7th grade their daughter, child Poe, began exhibiting at school a significant
26 change of identifying as a boy. The child’s teachers were prohibited by school district
27 policies from informing child Poe’s parents and the Poes remained oblivious.
28 Meanwhile, the school accepted and perpetuated child Poe’s new gender expression.

1 The Plaintiffs’ experts and the State’s experts agree that when a child expresses a
2 new gender it is a significant event. It may be a sign or signal that a serious unhealthy
3 condition of gender dysphoria may be occurring or is in the offing. It also may be that
4 that the child is fine. Like a child experiencing headaches, an incongruous expression of
5 gender may signal a serious medical condition needing interventional care and treatment
6 or it may be something that needs no treatment. In either case, our nation’s laws
7 normally respect the parents’ rights and role of deciding whether further investigation
8 should be pursued.

9 Had they known of their child’s new gender expression at school, the Poe parents
10 (like most parents) would probably have sought an opinion from an expert like Dr. Brady.
11 They may have pursued therapeutic counseling with Dr. Anderson. They may have
12 asked a neuropsychologist to rule out other conditions or comorbidities like generalized
13 anxiety, depression, autism, or bipolar disorder, etc. The point is that had they known,
14 the Poe parents would have had an opportunity to exercise their parental judgment in
15 deciding what do, as is their constitutional right under *Parham*. And their child would
16 have received what the Plaintiffs and all experts agree is the best for a child: at least the
17 parents’ involvement, and perhaps like Regino, even the parents’ support. But the Poe
18 child did not get that support. She did not tell her parents. Her teachers did not tell her
19 parents. The school administration did not tell her parents. Instead, in accordance with
20 state policies, the school required secrecy from its teachers and employees while
21 promoting her new name.

22 As it turned out, child Poe’s change in gender expression was a tremendously
23 significant sign. The Poe parents did not learn of their child’s deteriorated mental health
24 until after she attempted suicide. Adding insult to constitutional injury, California public
25 schools still refuse to use the child’s given female name in spite of the Poe parents’
26 instructions. *See* Supp. Decl of John Poe, Dkt 269-2, at 2 & Exh. 1. Dr. Szajnberg, after
27 reviewing child Poe’s medical records, summarizes what went wrong.
28

1 The school knew that this girl had issues around -- had
2 gender issues. Let's not use the diagnosis yet. But gender
3 issues and [the school] facilitated her transition from what they
4 understand was their responsibility or their duty to transitioning
5 to a different gender without informing the parents. That's the
6 major issue as I see here ... and the school started their social
7 transitioning in August of 2022 without involving the parents.
8 So this has been sort of a chronic repetition of keeping secret
9 from the parents something this child was struggling with. And
10 this child shows -- this is a good example of a child who
11 expresses issues about gender identity uncertainty or confusion
12 or coming to terms with it that then evolves into more serious
13 gender dysphoria and even life-threatening gender dysphoria
14 with all the associated diagnoses.

15 Deposition Transcript of Szajnberg, Dkt 247-11, at 106-107. Dr. Szajnberg continues:

16 Here is how I see this, as a physician, now. The school
17 knew in August '22 this girl was struggling with her gender.
18 They did not inform the parents. For months the parents knew
19 nothing about this. And you can see from the record, this girl
20 got sicker and sicker, until she's hospitalized. Had they
21 informed the parents, hypothetically, the parents could have
22 started working with the girl, with the school, with their
23 therapist so there would be no September hospitalization, there
24 would be no series of multiple psychotropic drugs, there would
25 not be a girl who is hallucinating. We could have prevented all
26 of this. We wouldn't be sitting here today.

27 *Id.* at 122-23.

28 The policy of acknowledging and perpetuating a child's gender incongruent name
and pronouns is known as social transitioning. According to the State Defendants' parent
exclusion policies, when a student says he or she wants to be known by a new name or
pronoun, the school does not sit idly by. In an earlier Order, this Court described how the
State Defendants' policies require teachers and staff to immediately use a student's newly
announced name and pronouns and record the new monikers in school records.

The State Defendants do not dispute that the policies require formal recognition
and perpetuation of a student's change in gender identity. Instead, they argue that it is

1 not social transitioning, or if it is social transitioning, then it is not medical care. Rather,
2 the State Defendants explain that their policies are akin to a polite social courtesy. For
3 example, the State Defendants offer that,

4 [r]especting a transgender person’s request to be called by a
5 name and pronouns consistent with their gender identity is far
6 afield from anything that courts have recognized as medical
7 treatment. Doing so involves no medical procedure,
8 examination, or hospitalization; need not be performed by
9 medical personnel; and is not regulated as part of the practice of
10 medicine.

11 State Defendants’ Oppo., Dkt 256, at 32. Though the claim is in tension with *Doe v.*
12 *Horne*’s footnote 13⁸, it is repeated throughout the briefing.⁹

13 Nevertheless, the secrecy aspect of the policy not only does not assist parents, it
14 deprives parents of the opportunity to evaluate a significant medical sign and decide
15 whether to pursue psychological counseling, psychiatric care, gender-affirming care,
16 family acceptance, or something else. When these signs of a potentially serious
17 conditions appear, it is the parents’ right and duty to investigate, evaluate, and decide on

18 ⁸ *Doe*, 115 F.4th at 1107 & n.13.

19 ⁹ *See e.g.*, State Defendants’ Oppo., Dkt 256, at 31: “Parent Plaintiffs argue that student-
20 privacy policies interfere with their due process right to direct medical treatment of their
21 children. Their argument is based on an implausible assertion that when school staff
22 honor students’ names and pronouns, or other aspects of a student’s social transition, they
23 are providing medical (or psychological) treatment. But parental rights to make medical
24 decisions are irrelevant here because when school staff honor students’ requests to
25 socially transition in schools they are not providing medical treatment.”; *Id.* at 33,
26 “Unsurprisingly, no court has held that simply using a transgender student’s requested
27 name and pronouns constitutes medical treatment.”; *Id.* at 35, “When school staff refer to
28 students by their requested names and pronouns, they are not administering medical
treatment.”; and *Id.* at 37, “Plaintiffs have failed to plausibly allege (much less prove)
that a teacher respecting a student’s name and pronouns is medical treatment giving rise
to a substantive due process claim.”

1 whether to pursue help from medical or mental health professionals. The State
2 Defendants' policies trammel on the parent plaintiffs' substantive due process rights. Dr.
3 Szajnberg describes the significance of a child's expression of gender incongruence like
4 this,

5 Q. You would agree that gender incongruence in
6 the absence of an impairment in functioning or a
7 maladaptive behavior would not be considered gender
8 dysphoria?

8 THE WITNESS: It depends. There's not a
9 simple yes or no for me. If you think of development,
10 healthy development or illness development as a
11 trajectory over time, it could be that
12 gender something, over here at this time period may be
13 stable and continue on without any maladaptive
14 disruption, or it could be that gender something or
15 other is an early sign of a medical illness, like
16 gender dysphoria.

17 I think this example from Child Poe is an
18 example. When she had her AVM malformation, in what I
19 read, she -- it actually bled into her brain, she would
20 have had a headache. Now, headaches are not
21 infrequent in kids in school, but most schools, I
22 think -- like my kid's school. If my kid has a
23 headache, they would call me; they expect me to take
24 care of it.

25 If a school had decided, well, we don't want
26 to call the parent over this headache, this girl could
27 have died from her AV malformation. So most headaches
28 don't go on to AV malformation. Those are really rare,
in fact. But it shouldn't be up to the school alone to
decide whether an early perturbation in development is
going to evolve into something serious or is a normal
perturbation of development.

Deposition Transcript of Szajnberg, Dkt 247-11, at 71-72.

The constitutional question is really not whether expressing gender incongruence is pathological or healthy, or, whether social transitioning is or is not a medical procedure.

1 That debate is a red herring. The constitutional question is about *when* gender
2 incongruence is *observed*, whether parents have a right to be informed and make the
3 decision about whether further professional investigation or therapy is needed. Put
4 another way, the question is whether being involved in potentially serious medical or
5 psychological decision-making for their school student is a parent's constitutional right.

6 It is. "Simply because the decision of a parent is not agreeable to a child or
7 because it involves risks does not automatically transfer the power to make that decision
8 from the parents to some agency or officer of the state Most children, even in
9 adolescence, simply are not able to make sound judgments concerning many decisions,
10 including their need for medical care or treatment. Parents can and must make those
11 judgments." *Parham*, 442 U.S. at 603. Medically, it is also the preferred course of
12 action. Dr. Szajnberg opines,

13 Q. And how would that have occurred when Child Poe is indicating that mom
14 [has] -- rejected her for even a sexual orientation change?

15 A. Look, this is my bread and butter as a
16 psychiatrist. If I tell a parent, "I think your child
17 has major depression," they don't celebrate and say,
18 "Thank you very much. I'm so glad." They usually have
19 a reaction of, "Oh, no." They try to deny it. They
20 don't want to accept it. That's normal.

21 So if I said, a diagnosis of general anxiety
22 disorder, they're not happy with the diagnosis. Just
23 like any parent wouldn't be happy to be told, Listen,
24 we think your kid has Hodgkin's lymphoma, which is
25 curable. They're not going to be happy about it, but
26 you need to involve the parent in the illness
27 treatment.

28 Why make gender dysphoria a separate kind of
treatment than any other medical treatment where we
would want the parents involved? And if the parents
are having trouble with it, that's our job as
physicians or as therapists to help them through it.
We don't tell them, your kid has Hodgkin's
lymphoma, we're not going to tell you, we're just going

1 to treat your kid without your knowing about it and
2 tough luck. We would never do that in medicine.

3 Q. Did you ever have occasion to treat youth who
4 had been rendered homeless because they had disclosed
5 that they identified by a different gender to their
6 parents?

7 A. That's my San Francisco job you're describing.
8 Too many of them. And right around Eighth and Market,
9 that's where they lived, so to speak. So too many.

10 Q. So that's a very real risk of disclosing
11 gender identity to parents, that the child would be
12 rendered homeless?

13 A. If you don't work with the parents. If you
14 don't work with the parents, that's a risk. The school
15 needs to work with the parents to prevent adverse
16 outcome of any psychiatric diagnosis.
17 If they say to a parent, your kid is very,
18 very depressed and bring them to a doctor, and the
19 doctor says, no, it's really major depression, then the
20 parents and the doctor, and maybe the school,
21 collaborate to accept the diagnosis and then treat the
22 child well.

23 Deposition Transcript of Szajnberg, Dkt 247-11, at 108-110. The defense experts do not
24 meaningfully disagree. Dr. Christine Brady, Ph.D, is a psychologist who has treated
25 1,000 gender incongruent youth. One hundred percent of her current patients are
26 transgender and gender nonconforming youth. Deposition Transcript of Brady, Dkt 243-
27 7, at 43. As an expert for the State Defendants, Dr. Brady opines that “everybody has a
28 gender identity or has a gender. And so, you know, that can sometimes be different from
your sex; that can be aligned with your sex. Gender is just, you know, how you identify
or don't identify with your sex.” *Id.* at 56.

Sometimes, a child mistakes his gender and a conversation with a therapist will
help the child realize his mistake. Dr. Brady estimates that twenty percent of patients that

1 think they want to socially transition later decide not to. *Id.* at 115. And of her own
2 patients, approximately ten percent are on the autistic spectrum. *Id.* at 127.

3 To engage in social transitioning, Dr. Brady opines that a person need not see a
4 mental health professional. *Id.* at 167. On the other hand, she says that “kids need
5 support and help if they’re experiencing these mental health disparities.” *Id.* at 167.
6 When she sees a youth at her gender clinic, she requires a parent’s or other caregiver’s
7 involvement. Dr. Brady states, “In the context of gender clinic, in order to get to gender
8 clinic, you have to be out to at least one caregiver.” *Id.* at 171; 216 (same).

9 When a child as young as five years old decides to socially transition at school
10 without their parents’ knowledge and without the benefit of a psychological evaluation,
11 Dr. Brady opines that the benefits still outweigh the risks. *Id.* at 177. But her opinion in
12 this respect carries no weight because she concedes there are no studies to support her
13 opinion. Dr. Brady testifies,

14 “But overall, I believe the benefits outweigh any potential risk
15 that might be present. But the literature would indicate that
16 there is no risk.

17 Q. What literature is that?

18 A. The lack of evidence that indicates that there is a risk.
19 There are no studies that show any data regarding risk.”

20 ***

21 “The percent of kids that identify as transgender is quite small,
22 and so running studies with that specific scenario in mind
23 would be very hard to conduct. *I’ll note those studies do not
24 exist in either direction regarding negative outcomes or
25 benefits.*”

26 *Id.* at 177-78 (emphasis added).

27 Darlene Tando is another defense expert. Tando is a licensed clinical social
28 worker with approximately 100 current clients, most of which are transgender.
Approximately 30% or more of her patients are on the autistic spectrum. Deposition
Transcript of Tando, Dkt. 243-3, at 275-76. Like patients of Dr. Brady, in order to be
seen in Tando’s practice, a child’s parent must first consent. *Id.* at 56. Tando says that

1 the words “gender” and “gender identity” are synonymous and that they mean a sense of
2 oneself: “I consider the word gender to be synonymous with gender identity and I use
3 them interchangeably. I believe it is the internal sense of self, psychological sense of
4 self, identifying as male, female, all genders, both genders, no gender.” *Id.* at 69. She
5 believes a child as young as three years old can “understand and assert their gender
6 identity.” *Id.* at 143-44. While gender is not a medical condition, according to Tando,
7 she concedes that “I think that a misalignment or an incongruence with one's designated
8 sex and authentic gender identity could be considered a medical condition.” *Id.* at 189;
9 194-95.

10 Similar to other experts, Tando acknowledges that gender dysphoria can have
11 effects ranging from unpleasant to life-threatening. *Id.* at 109. A trans-identifying person
12 who does not have gender dysphoria is at a greater risk of developing dysphoria if they
13 do not receive proper support and affirmation, according to Tando. *Id.* at 260-61. And
14 Tando observes that where a child is being referred to as a chosen gender in one
15 environment, but not in a different setting, can be “harmful” in that it can “increase
16 dysphoria, [and] increase mental health risks.” *Id.* at 142-43.

17 In her testimony, Tando agrees that it is important for parents to know (*id.* at 118),
18 in part because parents ultimately have the power to influence whether or not a child fully
19 socially transitions. *Id.* at 121. In apparent contrast to state policymakers, Tando agrees
20 that if parents believe that their child would be harmed with social transitioning, the
21 parents should be notified. *Id.* at 138. Not surprisingly, Tando notes that a parent’s role
22 in understanding their child’s behavior is important, and her book says that parents are
23 the best historians of behaviors which is extremely beneficial to the course of treatment,
24 adding: “it is an essential role in the journey.” *Id.* at 175.

25 Tando testified, “I believe it's optimal for parents to understand and affirm the
26 child's gender identity.” *Id.* at 239. And she agrees that parents will do everything they
27 can to help their children, even if they are initially shocked. *Id.* at 246. Parents may be
28 shocked at first, but Tando agrees that because parents want what is best for their child,

1 they will likely support and affirm the child. *Id.* at 247-49. In fact, Tando says that it is
2 normal for parents to not respond positively to their child telling them that they are
3 transgender and that the reaction does not mean that the parent is a bigot, hateful, or
4 abusive. *Id.* at 254-55.

5 Tando concluded her deposition testimony by disagreeing with other experts and
6 opining that even where parents object or have instructed a school *not* to affirm their
7 child’s preferred identity, “I think that it would still be beneficial to the child to be
8 referred to appropriately in one context.” *Id.* at 324.

9 In contrast, Dr. Erica Anderson, Ph.D, a former member of the board of directors
10 of WPATH, says that, “it’s hard to imagine any circumstances under which it is a good
11 idea to socially transition a child without support of parents.” Deposition of Anderson,
12 Dkt 247-10 at 117. Dr. Anderson is a clinical psychologist who sees patients who are
13 gender questioning or transgender for evaluation and possible treatment. *Id.* at 18-19.
14 Gender identity persistence is one of recurring issues in her work: “is this child likely
15 going to persist in this transgender identity or a different gender identity. And that’s a --
16 that’s a sticky wicket, trying to figure that out.” *Id.* at 52.

17 Parental support for children is important for a child’s health, according to Dr.
18 Anderson. “Children deserve the support of adults, especially parents And that’s
19 what I’ve understood as a psychologist. And -- and the scientific literature confirm that
20 children grow up healthy and happy when they are supported by the adults and the
21 caregivers in their lives.” *Id.* at 25. Dr. Anderson holds the opinion that schools should
22 bring to a parent’s attention issues of their child’s gender dysphoria. Dr. Anderson
23 testifies,

24 Children -- children have things that go on at
25 school that parents are notified about all the time.
26 There are probably thousands and thousands of such
27 notifications going on throughout California schools
28 today. If a child falls on the playground and scrapes
their knee and gets some kind of first aid, parents are
notified. If a child needs to take medication at school

1 for any reason, patients are notified. If a child is
2 failing in their academic performance, schools -- or
3 parents are notified.
4 I am not persuaded that this is a reason to
5 carve out -- that there's justification to carve out a
6 social transition, which is not a neutral act, it's a
7 psychotherapeutic intervention. And I'm not persuaded
8 that school -- people at school are qualified to -- to
9 determine does this child suffer from gender dysphoria
10 or not or are there other psychological factors at play.
11 That is really to be brought to the attention of -- of
12 parents and for parents to intervene, as the
13 guidelines -- the very guidelines that Dr. Brady and
14 Ms. Tando use, recommend, that social transition can be
15 done with the concurrence of the parents. Nowhere in
16 any guidelines have I come across advice to school
17 people that they should go ahead and socially transition
18 kids without notifying parents.

14 *Id.* at 90-91. Lastly, Dr. Anderson said that she has had discussions with Dr. Cass (author
15 of the most comprehensive review of scientific literature on transgenderism and social
16 transitioning) and said, “[w]e agreed that, you know, as put in the report, social transition
17 is not [a] neutral act and *it should be done selectively and carefully.*” *Id.* at 102
18 (emphasis added).

19 The State Defendants’ own experts say it is good if a child’s gender expression is
20 affirmed (which is facilitated in school). However, the parental exclusion policies
21 presume that a child will not receive affirmation or support at home if parents are
22 informed over the child’s objection. Consequently, the state privacy policies assume that
23 a ½ loaf of bread is better than no loaf at all. In other words, it is better to give at least
24 some school affirmation for a non-conforming gender student even though school secrecy
25 means the child is deprived of the opportunity to receive parent affirmation. The
26 counterargument to that is that if parents are not informed at all, there will be gender
27 incongruent children that *would have been affirmed* by their parents, had the parents been
28 informed, but who will instead be forced to struggle without their parents’ involvement

1 and affirmation. That group of schoolchildren will be deprived of the whole loaf of
2 affirmation.

3 Along the same lines, that group of schoolchildren will be deprived of their
4 parents' wisdom and opportunity to act in the child's best interest such as exploring
5 counseling with a mental health expert, family discussions, or simply patient observation
6 over time, etc. These schoolchildren will not have the benefit of their parent's
7 involvement, at all. In other words, while these state privacy policies may be intended to
8 protect a gender incongruent student may have the actual effect of depriving that student
9 of what they need most and what is clinically the best: affirmation and support from their
10 own parents.

11 As for whether gender incongruence is an unhealthy medical condition in need of
12 treatment, or, whether social transitioning at school is medical treatment, does not matter.
13 Under the Fourteenth Amendment, parents have a substantive due process right to know
14 of and explore whether their own child's gender incongruence is a medical or
15 psychological condition and whether and what kind of treatment or approach is in their
16 child's best interest. The State Defendants' experts say that a child's gender identity is
17 innate. There is no evidence presented to back up that assertion. But even if there is a
18 question, it is best answered by parents taking the child to a mental health provider to
19 explore the question, instead of leaving a child to answer the question on his or her own.

20 This Court has previously described the longstanding and enduring rights of
21 parents to direct the upbringing and medical care of their children.¹⁰ That right has been
22 acknowledged by the U.S. Supreme Court once again in *Mahmoud v. Taylor*, 145 S. Ct.
23 2332 (2025). There are no genuine issues of material fact. The plaintiff parents are not
24 claiming that the Fourteenth Amendment gives them a right to prescribe school
25 curriculum, or force the schools to administer medical care, or disclose student private
26

27
28 ¹⁰ See Order (Sept 14, 2023), Dkt 42 at 14-18.

1 personal information to unrelated adults. This Court holds that a parental right to be
2 informed about the gender identity expressed within the schoolhouse gate of one’s child
3 lives comfortably within the limits of the Fourteenth Amendment right.

4 There are no genuine issues of material fact. By their policies of social
5 transitioning and secrecy from parents and by stifling teachers who would voluntarily talk
6 with parents about the incongruent gender expressions of their children at school, the
7 parent plaintiffs have proven that the State Defendants’ policies significantly infringe on
8 the federal constitutional right of the parent class members as a matter of law and the
9 parent class members are entitled to a permanent injunction.

10 **B. Parents’ First Amendment Free Exercise Rights (Claims 6 & 8)**

11 The subclass of parents (and guardians) of public school children also seek a
12 declaration that the State Defendants privacy policies violate their First Amendment
13 rights to the free exercise of religion and specifically to direct the religious upbringing of
14 their children (Claims 6 & 8). Applying *Mahmoud v. Taylor*, 145 S. Ct. 2332 (2025), the
15 parents’ free exercise claim prevails.

16 The First Amendment to the U.S. Constitution reminds government that “Congress
17 shall make no law respecting an establishment of religion, or prohibiting the free exercise
18 thereof; or abridging the freedom of speech, or of the press; or the right of the people
19 peaceably to assemble, and to petition the Government for a redress of grievances.” U.S.
20 Const. Amend. 1.

21 “We have long recognized the rights of parents to direct ‘the religious upbringing’
22 of their children. And we have held that those rights are violated by government policies
23 that ‘substantially interfere with the religious development’ of children. Such
24 interference, we have observed, ‘carries with it precisely the kind of objective danger to
25 the free exercise of religion that the First Amendment was designed to prevent.’”
26 *Mahmoud*, 145 S. Ct. at 2350-51. Although State Defendants may see it as an
27 unwelcome administrative burden, the Supreme Court reminds us that public school
28 activities that take place inside the schoolhouse gate are not beyond the reach of a

1 parent’s free exercise right. “And the right to free exercise, like other First Amendment
2 rights, is not ‘shed . . . at the schoolhouse gate.’” *Id.* at 2350 (quoting *Tinker v. Des*
3 *Moines Independent Community School Dist.*, 393 U. S. 503, 506-507 (1969)).

4 The plaintiff parents here sincerely hold religious beliefs like the plaintiffs in
5 *Mahmoud*. In *Mahmoud*, the parents “believe[d] they have a ‘sacred obligation’ or ‘God-
6 given responsibility’ to raise their children in a way that is consistent with their religious
7 beliefs and practices.” *Id.* at 2351. The same is true of the parent plaintiffs in this case.¹¹
8 “As devout Catholics, my husband and I believe that there are only two genders—male
9 and female—and that God made every person as either male or female. We accept the
10 Church’s teaching that nobody can be born in the wrong body, that nobody can change
11 their sex, and that efforts to do so are both sinful and harmful.” Decl of Jane Poe, Dkt
12 247-6, at ¶4; Decl. of John Poe, Dkt 247-7, at ¶4. “As the leaders of a devout Catholic
13 family, my husband and I believe the Catholic Church’s teaching that there are only two
14 sexes, male and female, that each one of us was made as male or female by God for a
15 reason, and that one’s sex cannot be changed. We also believe that as parents we have a
16 special duty to protect our children and raise them according to our faith tradition.” Decl
17 of Jane Doe, Dkt 247-8, at ¶3. “My daughter, Child Doe, attends a public high school
18

19
20 ¹¹ “Parent Plaintiffs’ religious faith teaches them that God immutably created each person
21 as male or female, that these two distinct, complementary sexes reflect the image of God,
22 and that the rejection of one’s biological sex is a rejection of the image of God within that
23 person. Thus, Parent Plaintiffs’ religious faith precludes them from adhering to or
24 espousing transgender theory, whether in the form of the traditional, clinical view of
25 transgenderism or the more modern view of gender diversity.” Amended Complaint at
26 ¶442. “Parent Plaintiffs’ religious faith also teaches them that the parent-child
27 relationship was ordained by God and that parents have the ultimate right and
28 responsibility to care for and guide their children. Thus, they have a religious duty to
guide their children and to refrain from doing anything that would be harmful to them or
would create an unreasonable risk of harm to them. This requires them to be actively
involved in all significant decision-making by their children, including gender transition.”
Amended Complaint at ¶443.

1 within Pasadena Unified School District in the County of Los Angeles. We are a devout
2 Roman Catholic family My daughter attends weekly mass with my wife and me.”
3 Decl. of John Doe, Dkt 247-9, at ¶2.

4 In *Mahmoud*, as in this case, the parents “believe that biological sex reflects divine
5 creation, that sex and gender are inseparable, and that children should be encouraged to
6 accept their sex and to live accordingly.” 145 S. Ct. at 2354. An assertion of a sincere
7 religious belief is generally accepted in law. And while religious beliefs need not be
8 acceptable, logical, consistent, or comprehensible to others in order to merit First
9 Amendment protection, in this case the Poes’, the Does’, and the class of parents’ beliefs
10 are logical, consistent, and historical. *Thomas v. Review Bd.*, 450 U.S. 707, 714, (1981)
11 (“[T]he resolution of [whether a belief is religious] is not to turn upon a judicial
12 perception of the particular belief or practice in question; religious beliefs need not be
13 acceptable, logical, consistent, or comprehensible to others in order to merit First
14 Amendment protection.”). *Mahmoud* explains, “[a] government burdens the religious
15 exercise of parents when it requires them to submit their children to instruction that poses
16 ‘a very real threat of undermining’ the religious beliefs and practices that the parents wish
17 to instill.” 145 S. Ct. at 2342 (quoting *Wisconsin v. Yoder*, 406 U. S. 205, 218 (1972)).

18 Parents in *Mahmoud*, and here, face school policies that keep them in the dark
19 about things their schools are doing in conflict with their sincerely-held religious beliefs
20 and which undermine their parental efforts to teach and train their children in their
21 religion. In *Mahmoud*, the schools rebuffed parental requests to know when transgender
22 books were used in class. It was a modest request. The parents did not ask to have the
23 curriculum changed. They did not ask their school for “assistance” in exercising their
24 rights. They just wanted notice and the opportunity to opt their children out of the
25 offensive book readings. As the Supreme Court described it, “[i]t must be emphasized
26 that what the parents seek here is not the right to micromanage the public school
27 curriculum, but rather to have their children opt out of a particular educational
28 requirement that burdens their well-established right ‘to direct the religious upbringing of

1 their children.” *Id.* at 2363. Unfortunately, the school district refused to communicate
2 this information to the parents.

3 ***1. The Poes’ Story***

4 The plaintiff parents in this case face a similar barrier of school silence. The
5 plaintiff parents here need information too -- about if and when their child announces a
6 new name/pronoun and school staff begins using the change of their child’s
7 name/pronoun. In effect, if not in deed, their California public school concealed from
8 child Poe’s parents information about the child Poe’s gender expression. Consider what
9 the Poe family faced:

10 [O]n August 29, 2023, my wife and I attended our
11 daughter’s middle school’s “back-to-school” night. During that
12 event, we met with several of her teachers in the classroom of
13 her “GATE” teacher. None of the teachers mentioned to us that
14 she was presenting as a different gender at school or had
15 requested a preferred name and preferred pronouns. Her
16 “GATE” teacher informed us of our daughter’s involvement in
17 the PRISM club, but did not tell us anything about the club (we
did not realize it was the gay club) or that our daughter was the
President. To us, the teachers all referred to our daughter by
using her legal name and biological pronouns.

18 Decl of John Poe, Dkt 247-7, at ¶7. The administrators were not forthright with the Poes
19 about whether the school perpetuated their child’s new gender-diverse name. “Upon
20 learning the school socially transitioned our daughter without our knowledge and
21 consent, my wife and I attended an in-person meeting with the school principal and
22 school psychologist to ask if they were calling our daughter by a different name or using
23 different pronouns. They said, “no,” and indicated their practice of using preferred
24 names was limited to nicknames, such as “Johnny” for the name “John.” However, we
25 learned that this was a lie.” Decl of John Poe, Dkt 247-7, at ¶11. As months passed, the
26 school continued to stonewall child Poe’s parents.

27 [I]n January 2024, we repeatedly reached out to our daughter’s
28 teachers at the charter school to ask about how she was doing.

1 One of our specific questions was whether our daughter was
2 presenting as male at school. We did not get a response from
3 her teachers. Instead, an administrator from Central Valley
4 Charter Schools sent my wife a lengthy email. In that email,
5 the administrator block-quoted large portions of the CDE’s
6 FAQ guidance, and summed up her conclusion with the
7 following statement: “We cannot share the gender identity of
8 the student with the parent even if that gender identity is
9 expressed openly in class.”

10 Decl of John Poe, Dkt 247-7, at ¶16. “Various emails over the next few months
11 confirmed that Yosemite Valley was continuing to use our daughter’s preferred male
12 name and pronouns in violation of our instructions and in violation of our religious
13 beliefs.” Decl of John Poe, Dkt 247-7, at ¶23.

14 ***2. The Does’ Story***

15 The parents of child Doe have endured a similar experience. “Since the fifth
16 grade, my daughter repeatedly transitioned to and desisted from a male transgender
17 identity, which led me and my wife to request that her school communicate with us
18 forthrightly about her. However, citing to the California Department of Education’s FAQ
19 guidance on gender identity, her school repeatedly and directly lied to us and refused to
20 answer our questions.” Decl of John Doe, Dkt 247-9, at ¶5.

21 To find out more about what was happening on campus,
22 my wife immediately set up parent-teacher conferences with
23 three of our daughter’s six teachers. In each conference, my
24 wife repeatedly and conspicuously referred to her as “my
25 daughter” and by her given name. After discussing academics,
26 my wife asked each teacher simply if there was anything about
27 her that the teacher felt was important for us to know—whether
28 socially, emotionally, or for any other reason at all. Although
at least two of the teachers seemed distinctly uncomfortable—
one by acting defensive and rude, and the other by appearing
nervous—every teacher answered, “No.”

However, it was clear to us that, at a minimum, some of
the teachers were lying. This was clear because one of her
teachers’ seating charts showed the use of a male name and
pronouns for our daughter. Additionally, it was evident from

1 our daughter’s emails that she was not using her given name in
2 class.

3 After these parent-teacher conferences, my wife and I
4 met with the principal in February 2023. We told the principal
5 that we knew that teachers were using a male name for our
6 daughter and that each of them had lied to her about it. The
7 principal denied any knowledge of the social transition and
8 even denied that it was really happening. But, the principal
9 stated if a child asked to be referred to using a new name and
10 pronouns, and to keep this information from parents, “We are
11 instructed to protect the rights of LGBTQ students. We have to
12 do that, it’s the law.” My wife asked the principal to show her
13 that “law.” The principal then navigated on her laptop to the
14 California Department of Education’s FAQ page on AB 1266
15 and gender identity. My wife responded with, “That’s not law,
16 that’s FAQs on a website,” but the principal responded, “Yes it
17 is, and we have to follow that.”

18 Decl of John Poe, Dkt 247-7, at ¶¶26-28.

19 If a student changes his or her name due to the school’s maintenance of a fluid
20 gender identity construct, these parents would find the change odious to their own
21 religious beliefs. Yet, the State Defendants’ policies usually prevent teachers and staff
22 from communicating to a parent this important information. Think of it. A baby is born.
23 The parents give the child its legal name – perhaps even in reverence of a hero or heroine
24 of their religion. The child goes to school. The child expresses a newfound desire to be
25 regarded as a different gender with a different name. Unbeknownst to the parents, school
26 teachers start calling on the child by the different name. School administrators keep the
27 child’s progress reports under the different name. The different-name reinforcement
28 continues for months, and then semesters, and then years. Meanwhile, the child-with-a-
new-name’s parents are left in the dark. And if they happen to ask... the request is met
with silence or vague references to a meeting with an administrator. Even if the parents
somehow do find out and ask the school to discontinue referring to the child’s unofficial

1 assumed name, the policies will not permit the school employees to accommodate the
2 parental request.

3 Such state education policies substantially interfere with the First Amendment
4 rights of parents to direct the religious upbringing of their children. As *Mahmoud*
5 teaches, “government burdens the religious exercise of parents when it requires them to
6 submit their children to instruction that poses ‘a very real threat of undermining’ the
7 religious beliefs and practices that the parents wish to instill.” 145 S. Ct. at 2342. After
8 all, “[g]overnment schools, like all government institutions, may not place
9 unconstitutional burdens on religious exercise.” *Id.* at 2350.

10 Many plaintiff parents have no other choice than to enroll their children in public
11 schools because the scholastic alternatives are costly. State truancy laws preclude opting
12 out completely. Consequently, public schools must reasonably attempt to accommodate
13 parents’ free exercise rights. As *Mahmoud* observes, “[i]t is both insulting and legally
14 unsound to tell parents that they must abstain from public education in order to raise their
15 children in their religious faiths, when alternatives can be prohibitively expensive and
16 they already contribute to financing the public schools.” *Id.* at 2360.

17 A defense of administrative difficulty is not sufficient. Parents do not need to
18 know what happens every school day. But, some sort of regular information may be
19 constitutionally required. The State Defendants complain that parents are trying to
20 micromanage the school day. That is not accurate. However, the State Defendants’
21 policies do impact students every school day. Every day that a student is addressed by
22 school staff using a gender incongruent name that insults the faith of the student’s parents
23 is another day of constitutional injury.

24 Schools may not insulate themselves from legal liability by weaving the free
25 exercise offense into every-day school life. Like the school under review in *Mahmoud*,
26 California’s public school system,

27 may not insulate itself from First Amendment liability by
28 ‘weaving’ religiously offensive material throughout its

1 curriculum and thereby significantly increase the difficulty and
2 complexity of remedying parents’ constitutional injuries. Were
3 it otherwise, the State could nullify parents’ First Amendment
4 rights simply by saturating public schools’ core curricula with
5 material that undermines ‘family decisions in the area of
religious training.’ The ‘Framers intended’ for ‘free exercise of
religion to flourish.’

6 *Mahmoud*, 145 S. Ct. at 2381 (Thomas, J, concurring) (citations omitted). The *Mahmoud*
7 majority reminds public school administrators that they “cannot escape its obligation to
8 honor parents’ free exercise rights by deliberately designing its curriculum to make
9 parental opt outs more cumbersome.” *Id.* at 2362-63. Moreover, government cannot be
10 excused based on its desire to welcome and protect transgender students from those who
11 believe gender is fixed. A public school, “cannot purport to rescue one group of students
12 from stigma and isolation by stigmatizing and isolating another,” based on *Mahmoud*. *Id.*
13 at 2363. “A classroom environment that is welcoming to all students is something to be
14 commended, but such an environment cannot be achieved through hostility toward the
15 religious beliefs of students and their parents.” *Id.* at 2363.

16 Previously, this Court applied standard free exercise analysis to similar gender-
17 secrecy policies adopted by the Escondido Union School District and concluded that strict
18 scrutiny applied and the policies failed strict scrutiny. The same analysis would yield the
19 same outcome today concerning the parents free exercise claim against the State
20 Defendants’ policies. But that analysis may be bypassed when the burden is of the same
21 character as was the burden in *Yoder*. Here, compared to the religious burden in
22 *Mahmoud*, the California policies impose a similar, if not greater, burden on free exercise
23 rights.

24 Consequently, *Mahmoud* leads the way by skipping the ordinary two-step inquiry
25 and moving directly to the application of strict scrutiny. “Thus, when a law imposes a
26 burden of the same character as that in *Yoder*, strict scrutiny is appropriate regardless of
27 whether the law is neutral or generally applicable.” *Id.* and n.14. To survive strict
28

1 scrutiny, a state must demonstrate that its policy *both* advances interests of the highest
2 order and is narrowly tailored. *Id.* (citing *Fulton v. Philadelphia*, 593 U. S. 522, 541
3 (2021)).

4 The State Defendants argue that *Mahmoud* does not apply. They argue that a
5 parent “does not possess a religious exercise right to dictate that a school reject their
6 child’s gender identity.” State Defendants Oppo. at 16. They argue that Plaintiffs “lack
7 an underlying constitutional basis for altering any school policy respecting the gender
8 identities of students.” *Id.* They argue that “there is no constitutional need for
9 notification when their child comes within the scope of such policy.” *Id.* Nevertheless,
10 this Court disagrees.

11 3. *Not Interests of the Highest Order*

12 For the State Defendants’ policies to survive strict scrutiny, they must first advance
13 an interest of the highest order. The State Defendants identify a general interest in
14 providing a “safe” learning environment, but the interest is too broadly stated. Overly
15 broad formulations of compelling government interests are insufficient. *See Green v.*
16 *Miss United States of Am., LLC*, 52 F.4th 773, 791-92 (9th Cir. 2022) (citation omitted)
17 (identifying the issue as “not whether [the government] has a compelling interest in
18 enforcing its non-discrimination policies generally, but whether it has such an interest in
19 denying an exception to [plaintiff].”). They describe an interest in safeguarding a minor
20 school student’s individual’s privacy. Their reasoning here, however, is something of a
21 tautology when they say, “California maintains a strong interest in safeguarding the
22 individual’s privacy precisely because there is no compelling safety rationale for
23 overriding that constitutional right.” State Defendants Oppo. at 22.¹² More importantly,
24

25
26 ¹² The State Defendants also argue in vague terms that, “[c]ommon sense dictates,
27 thankfully, that the instances in which a student’s circumstances will reflect a compelling
28 health or safety need for nonconsensual disclosure will be rare. Though instances of
bullying, depression, and even suicidal ideation in California’s transgender student
population have been documented, there is nothing before the Court demonstrating that a

1 in articulating their interest the State Defendants completely ignore the fact that parents
2 of students possess a free exercise right to direct a child’s religious teaching.

3 The most articulate statement of the government’s interest is found at page twenty-
4 five of its brief: “The State has a legitimate, and even compelling, interest in protecting
5 transgender and gender-nonconforming students from bullying and harassment, and in
6 fostering a safe and supportive school environment where students can learn without fear
7 of being outed to their parents before they are ready. This includes an interest in
8 protecting these students from the harms, such as a heightened risk of suicide, that can
9 result when school staff ‘forcibly out’ students without their consent and before they are
10 ready.” State Defendants Oppo., at 25 (citing Al-Shamma MSJ Decl. at ¶¶25, 31-34).

11 The weakness of this articulation of the government interest is that the notion of a
12 learning environment where students are insulated from their parents’ discovery of a non-
13 conforming gender identity is somehow better for a child, is yet to be proven.

14 Ironically, it is often other student peers and school staff that are not supportive,
15 according to the State Defendants’ expert Al-Shamma. Decl .of Al-Shamma, Dkt 256-4,
16 at ¶25 (“Even in the best-case scenarios when a youth comes out to their family as
17 transgender or nonbinary and their family is loving and accepting, the life of a
18 transgender youth is often very difficult. The harassment and bullying they receive at
19 school from peers and even at times from staff can be incredibly harmful.”).

20 The State Defendants also identify what they describe as “a compelling
21 governmental interest in protecting students’ privacy as to their bodily autonomy, even
22 with respect to their parents.” State Defendants Oppo., at 25 (citations omitted). Yet, the
23 State Defendants do not offer to explain how the stated government interest is furthered
24

25
26 compelling need for disclosure that overrides a transgender student’s fundamental
27 autonomy right to privacy is or will be a common occurrence. But that is not the case
28 with Plaintiffs’ expansive request for a religious exemption to state privacy rights.” State
Defendants Oppo. at 23.

1 by their parental exclusion policies; the policies address gender identity rather than bodily
2 autonomy.

3 Certainly, the State Defendants have a compelling interest in providing a safe
4 learning environment. It is a legitimate purpose for schools to try to protect student
5 safety and well-being, and even to try to eliminate discrimination on the basis of sex or
6 transgender status. *Parents for Privacy v. Barr*, 949 F.3d 1210, 1238 (9th Cir. 2020).
7 For example, in approving a prohibition on child pornography, the Supreme Court noted
8 that, “[i]t is evident beyond the need for elaboration that a State’s interest in
9 ‘safeguarding the physical and psychological well-being of a minor’ is ‘compelling.’”
10 *New York v. Ferber*, 458 U.S. 747, 756-57 (1982) (“The prevention of sexual exploitation
11 and abuse of children constitutes a government objective of surpassing importance.”).

12 Nevertheless, the State Defendants have not made the case that non-disclosure of a
13 child’s gender identity to the child’s parents is a state interest of the highest order. Nor is
14 there binding precedent. The medical experts agree that parental support is necessary for
15 the best outcomes and constitutional principles rest on the premise that parents attempt to
16 act in the best interests of their child.

17 4. *Not narrowly tailored*

18 Even assuming, for the sake of argument, that the State Defendants identified an
19 interest of the highest order in the form of the parental exclusion policies, the policies
20 remain constitutionally defective because they are not narrowly tailored. The State
21 Defendants concede that parents “may find notification that their child is expressing a
22 transgender identity at school helpful in the general exercise of their right to direct a
23 religious upbringing for that child.” *Id.* So, the State Defendants are aware that
24 notification would be *helpful* to religious parents, but provide no room for those parents’
25 to exercise those federal constitutional rights. Just like in the case in *Mahmoud*, the
26 California state education parental exclusion policies provide no exceptions for religious
27 parents.
28

1 students, does not fit the notion of narrow tailoring. As such, the State Defendants’
2 parental exclusion policies fail the narrow tailoring prong of the strict scrutiny test.

3 In the end, the plaintiff class of parents face an unlawful choice along the lines of
4 “lose your faith and keep your child in public school, or keep your faith but lose public
5 schooling.” *Mahmoud*, 145 S. Ct. at 2359 (when the government chooses to provide
6 public benefits, it may not condition the availability of those benefits upon a recipient’s
7 willingness to surrender his religion). “Respect for religious expressions is indispensable
8 to life in a free and diverse Republic.” *Kennedy v. Bremerton Sch. Dist.*, 597 U.S. 507,
9 543 (2022).

10 The only meaningful justification the State Defendants offer for their insistence
11 that the plaintiffs have no choice in the matter about their own children rests on a
12 mistaken view that the State Defendants bear a duty to place a child’s right to privacy
13 above, and in derogation of, the rights of a child’s parents. The Supremacy Clause of the
14 federal Constitution does not sanction that kind of rights misbalancing imposed by a
15 state. The plaintiffs have proven the merits of their free exercise claim, as a matter of
16 law. Because there are no genuine issues of material fact, they are entitled to judgment as
17 a matter of law and a permanent injunction.

18 **C. Teachers’ First Amendment Free Exercise Rights (Claims 2 & 3)**

19 The subclass of public school teachers seek a declaration that the state parental
20 exclusion policies violate their own First Amendment rights to the free exercise of
21 religion. The teachers seek to enjoin the state policies which prevent them from
22 communicating accurately with the parents of their gender-nonconforming students.
23 (Claims 2 & 3).

24 At the outset of this case, two public school teachers who sincerely hold religious
25 beliefs sought protection for their First Amendment Free Exercise rights. At that time,
26 the State Defendants’ parent exclusion policies had been adopted by its local educational
27 agency, the Escondido Union School District. The teacher plaintiffs were severely
28 burdened by the policies that required teachers to deceive parents concerning gender-

1 nonconforming students under their tutelage. The local school district threatened adverse
2 employment action.

3 Since then, two additional public school teachers have joined as plaintiffs (both
4 proceeding under pseudonyms for fear of reprisals at their schools). These teachers also
5 sincerely hold religious beliefs that are severely burdened by being forced to stand mute
6 or deceive the parents about gender non-conforming students in their classrooms. For
7 these teachers, as is likely the case state-wide, the local school communicated a “no-
8 exceptions” stance due to n the mandatory nature of the State Defendants’ policies.

9 **1. *Jane Roe’s Story***

10 One teacher, Jane Roe, says that she is a devout Christian. She explains, “As a
11 Christian, I believe that God made man and woman in his image, specifically male and
12 female. I believe that it is impossible to change our sex and that our sex was given to us
13 by God for a reason. I also believe that we are fearfully and wonderfully made, and God
14 doesn’t make mistakes.” Decl of Roe, Dkt 247-5, at ¶4-5. Roe continues, “Because of
15 this I believe it would violate my religious beliefs to mislead a parent about his or her
16 child’s gender transition at school. I understand that California requires me and all other
17 school staff to accept a student’s statement of their gender identity and immediately begin
18 treating them as a member of the opposite-sex, regardless of whether their parents
19 consent or even know. And, if the child tells me that he does not want his parents to
20 know about this, then I must keep it from them. As a requirement for employment by the
21 California school system, this is a severe burden on my religious beliefs.” Decl of Roe,
22 Dkt 247-5, at ¶7.

23 This is not a hypothetical burden. “I had two transgender students in my classes
24 during the 2024-2025 school year,” relates Roe. “Additionally, there were two
25 transgender students in my classes during the 2023-2024 school year, and a larger cohort
26 of approximately six the year before 2022-2023 school year. This has created a lot of
27 stress for me because I would normally be very open and communicative with their
28 parents, sending instant messages whenever I see anything off with their child.” *Id.* at

1 ¶12. Roe declares that it is “my understanding that no one has been granted a religious
2 accommodation exempting them from these policies. Instead, I have witnessed first-hand
3 the retaliation and harassment against my colleague and friend, Elizabeth Mirabelli.” *Id.*
4 at ¶19. “Administrators made it clear to me,” reports Roe, “that failing to adhere to the
5 policy would result in termination.” *Id.* Roe has witnessed negative repercussions
6 suffered by others. “I am proceeding anonymously in this case to avoid any personal
7 retaliation at work. I understand that Elizabeth Mirabelli and Lori Ann West were on
8 administrative leave for much of 2023, and were both essentially run out of school.” *Id.*
9 at ¶22.

10 2. *Jane Boe’s Story*

11 Plaintiff teacher Jane Boe describes a similar employment experience. She
12 describes herself as a devout Christian. Decl of Boe, Dkt 247-4, at ¶3. Boe states, “I
13 believe that God made man and woman in his image, both male and female. I believe
14 that it is impossible to change our sex and that our sex was given to us by God for a
15 reason. I also believe that Scripture teaches that parents have a moral responsibility to
16 guide their children and that children have a moral responsibility to obey their parents.
17 This is a sacred relationship that it is immoral for me to interfere with.” *Id.* at ¶4-5. Boe
18 explains, “I believe it would violate my religious beliefs to deceive parents about their
19 child’s gender transition at school.” *Id.* at ¶7.

20 When she sought to discuss the burden placed on her with a school administrator
21 she was rebuked. Boe recounts, “I approached the Assistant Principal to explain my
22 issues with the policy—that I had sincerely held religious convictions that prevented me
23 from complying. In response, the Assistant Principal stated, ‘If you’re not able to follow
24 this policy, you may have to find a different job.’ I was shocked and extremely distressed
25 by his comment and perceived it as a threat.” *Id.* at ¶9. According to Boe, little has
26 changed since the entry of the preliminary injunction. Boe says, “While I understand that
27 the CDE has removed the legal advisory and FAQ page from their website, I also
28 understand that the CDE continues to assert that they accurately described the law that

1 school districts must follow. I also understand that EUSD has tried to change its policies
2 to come into compliance with this Court’s understanding of the law, but that the State has
3 taken the position that EUSD’s new policies are illegal. So I still feel bound by the
4 training and instruction I received from school leadership, and under threat to abide by
5 these policies or ‘find a different job.’” *Id.* at ¶16.

6 California public schools may be gun-free zones, but they are not First
7 Amendment-free zones. “To hold differently would be to treat religious expression as
8 second-class speech and eviscerate this Court’s repeated promise that teachers do not
9 “shed their constitutional rights to freedom of speech or expression at the schoolhouse
10 gate.” *Kennedy v. Bremerton*, 597 U.S. 507, 531 (2024) (quoting *Tinker*, 393 U. S., at
11 506).

12 The four teacher Plaintiffs and class representatives sincerely hold religious beliefs
13 that that are being severely burdened by the imposition of the parental exclusion policies.
14 Their sincerity is undisputed. Compelling teacher Plaintiffs to observe the State’s
15 parental exclusion policies or leave their employment in any of the California Department
16 of Educations’s local educational agencies and school districts works a substantial burden
17 on the teacher plaintiffs’ First Amendment rights to free exercise. As the policies remain
18 the same and the State Defendants intend to continue enforcement of the policies in their
19 local schools, the same legal analysis used for the preliminary injunction of Escondido
20 Union School District’s local policy applies here -- which yields the same conclusion.
21 The antithetical policies severely burden the free exercise rights of teachers with religious
22 convictions, the policies are neither generally applicable¹³ nor narrowly tailored. The
23

24
25 ¹³ Under the policies, informing parents about a student’s gender incongruity (without the
26 consent of the student) is deemed unlawful discrimination or harassment when
27 administrators decide that the parent lacks a legitimate need for the information. There
28 are no standards written in the policies for determining when a parent has a “legitimate
need” of the information, only that it requires a case-by-case decision by administrators.
This means whether disciplinary action is taken against a teacher who informs a parent

1 policies burden a great deal more than is necessary for any compelling interest the State
2 Defendants have.¹⁴ “If you’re not able to follow this policy, you may have to find a
3 different job,” is not an example of a narrowly tailored infringement on a core federal
4 constitutional right.

5 The State Defendants are aware that the free exercise burden on its teaching staff is
6 widely felt. “These statistics paint a clear picture. A religious-exercise exemption that
7 allows California school staff to disclose a student’s gender identity without their consent
8

9
10 depends on an undefined *ad hoc* determination. This is the very definition of a
11 discretionary exemption. “A law is not generally applicable if it ‘invite[s]’ the
12 government to consider the particular reasons for a person’s conduct by providing ‘a
13 mechanism for individualized exemptions.’” *Fulton v. City of Philadelphia*, 593 U.S.
14 522, 533 (2021). Under the *Fulton* framework, a law is not generally applicable “if it
15 invites the government to consider the particular reasons for a person’s conduct by
16 providing a mechanism for individualized exemptions.” *Fellowship of Christian
17 Athletes v. San Jose Unified Sch. Dist. Bd. Of Educ.*, 82 F.4th 664, 687 (9th Cir. 2023) (*en
18 banc*) (quoting *Fulton*). The authority to find or not find that a parent has a good enough
19 need to know about their child’s gender incongruity is retained by the State Defendants
20 local educational agency administrators. The retention of this authority to decide when a
teacher may properly inform a parent creates a not-generally applicable policy. That, in
turn, means it must satisfy strict constitutional scrutiny. “This authority ‘to decide which
reasons for not complying with the policy are worthy of solicitude’ on an ad hoc basis
renders the policy not ‘generally applicable’ and requires the application of strict
scrutiny.” *Id.* at 687 (citing *Fulton*).

21 ¹⁴ The State Defendants have no compelling interest in creating safe and inclusive
22 campuses through deceiving parents about their children because “there is a
23 presumption that fit parents act in the best interests of their children.” *Troxel v.
24 Granville*, 530 U.S. 57, 68 (2000). Moreover, the State Defendants have no compelling
25 interest in enforcing their parental exclusion policies against teachers to comply with
California or federal law because their policies are not required by California or federal
law, or—if required by California law—must yield to federal constitutional law.

26 “While inclusiveness is a worthy pursuit, it does not justify uncertain exemptions or
27 exceptions from the broad non-discrimination policies, which undermine their neutrality
28 and general applicability and burden Free Exercise.” *Fellowship of Christian Athlete v.
San Jose Unified Sch. Dist. Bd. of Educ.*, 82 F.4th 664, 687 (9th Cir. 2023).

1 will be utilized by thousands and thousands of employees.” State Defendants Oppo, Dkt
2 247, at 23-24. Although aware of the burden on free exercise rights, the State Defendants
3 offer no exemptions or other attempts at narrow tailoring. Instead, they say in essence
4 narrow tailoring is too cumbersome.

5 However, this is a problem of the State Defendants’ own making. It is not a
6 defense justifying broad-based trenching on individual rights. When the State drops an
7 elephant in the middle of its classrooms, it is not a defense to say that the elephants are
8 too heavy to move. The school district defendant in *Mahmoud* made a similar argument
9 that *if* it granted opt-outs from the LGBTQ+-inclusive storybooks, it would be too
10 cumbersome and unworkable because the number of absent students would be
11 unsustainably high. The *Mohmoud* court brushed the argument away because the
12 school’s concern was self-inflicted. 145 S. Ct. at 2362-63. Justice Thomas explains,
13 “[t]he [school] Board may not insulate itself from First Amendment liability by
14 ‘weaving’ religiously offensive material throughout its curriculum and thereby
15 significantly increase the difficulty and complexity of remedying parent’s constitutional
16 injuries.” *Id.* at 2381 (Thomas, J., concurring).

17 In the end, under the State Defendants parental exclusion policies and anti-
18 discrimination laws, the subclass of religious teachers face an unlawful choice between
19 sacrificing their faith and sacrificing their teaching position. *Cf. Keene v. City & Cnty. of*
20 *San Francisco*, 2023 U.S. App. LEXIS 11807, *6 (9th Cir. May 15, 2023) (mem. disp.)
21 (“lose your faith and keep your job, or keep your faith and lose your job.”). The only
22 meaningful justification the State Defendants offer for its policies’ insistence -- that the
23 plaintiffs not reveal to parents gender information about their own children -- rests on a
24 mistaken view that the State’s public schools hold a duty to place a child’s right to
25 privacy above and in derogation of the rights of parents. As mentioned previously, the
26 Supremacy Clause of the U.S. Constitution requires the opposite. *Martin v. United*
27 *States*, 605 U.S 395, 409 (2025) (“[W]hen a regulated party cannot comply with both
28

1 federal and state directives, the Supremacy Clause tells us the state law must yield.”)
2 (citation omitted).

3 The teacher plaintiffs have proven the merits of their free exercise claim and are
4 entitled as a matter of law to a declaration and a permanent injunction.

5 **D. Teachers’ First Amendment Free Speech Rights (Claim 1)**

6 The subclass of public school teachers also seek a declaration that the state privacy
7 policies violate their First Amendment rights to free speech (Claim 1). The State
8 Defendants contend that teachers are hired to deliver government-approved curricular
9 speech. Communicating with parents about student school progress is part of that speech
10 for which they are hired. The plaintiffs’ argument that teachers may speak freely
11 whatever is on their own mind on matters of curricular speech is foreclosed by *Johnson v.*
12 *Poway Unified Sch. Dist.*, 658 F.3d 954 (9th Cir. 2011). There, the Ninth Circuit
13 “recognize[d] that ‘expression is a teacher’s stock in trade, the commodity she sells to her
14 employer in exchange for a salary.’” *Id.* at 967. “Certainly, Johnson did not act as a
15 citizen when he went to school and taught class, took attendance, supervised students, or
16 regulated their comings-and-goings; he acted as a teacher—a government employee,”
17 according to *Johnson*. *Id.* *Johnson* concluded, “[a]ll the speech of which Johnson
18 complains belongs to the government, and the government has the right to ‘speak for
19 itself.’ When it does, ‘it is entitled to say what it wishes,’ ‘and to select the views that it
20 wants to express.’” *Id.* at 975.

21 Here, like *Johnson*, the teacher plaintiffs are public school government teachers.
22 Teaching, taking attendance, supervising students, and regulating their comings-and-
23 goings are activities that are part of their employee duties. Included among their duties as
24 teachers is the duty to communicate with a student’s parents from time to time about the
25 student’s school performance. It is difficult to say that their classroom speech during the
26 school day as teachers is their own, rather than the school district’s. Consequently, at
27 least where the teachers’ compelled speech takes place during the school day on
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1 curricular matters, *Johnson* forecloses a generic freedom of speech claim. But while this
2 is generally true, the drawing of lines in this case requires more nuance.

3 The defense position is that everything a teacher speaks while on the job is subject
4 to that which the government decides should be spoken. Yet, teachers retain at least
5 some speech of their own inside the schoolhouse gate. After all, “[i]t has long been
6 established that *teachers* and students have First Amendment rights.” *Eagle Point Educ.*
7 *Ass'n/SOBC/OEA v. Jackson Cty. Sch. Dist. No. 9*, 880 F.3d 1097, 1105 (9th Cir. 2018)
8 (emphasis added). Consequently, the State Defendants are correct that the current state
9 of constitutional law holds that “if the speech in question is part of an employee’s official
10 duties, the employer may insist that the employee deliver any lawful message.” *Janus v.*
11 *AFSCME, Council 31*, 585 U.S. 878, 908 (2018) (citing *Garcetti*, 547 U. S., at 421-422,
12 425-426). At the same time, the Supreme Court has said, “however, it is not easy to
13 imagine a situation in which a public employer has a legitimate need to demand that its
14 employees recite words with which they disagree.” *Janus*, 585 U.S. at 908.

15 The case presented here lies somewhere between the two extremes. The teacher
16 plaintiffs have a direct disagreement with the parental exclusion policy that they may not
17 inform a student’s parent about the student’s expressions of gender incongruity, absent
18 consent from the student. The problem is that when a parent asks directly, the teachers
19 are compelled to avoid answering. Purposeful avoidance, or worse, purposeful deception
20 by a teacher or staff member, directly undermines a parent’s Fourteenth Amendment
21 right to care for their child in every case and may undermine a religious parent’s First
22 Amendment right to direct their child’s religious upbringing.

23 The teachers successfully make out a First Amendment freedom of speech claim
24 when they are compelled to speak in violation of the law or to deliberately convey an
25 illegal message. In this case, because the State Defendants’ parental exclusion policies
26 (like Escondido’s AR 5145.3) demand that teachers communicate misrepresentations or
27 deceptively avoidant responses to parental questions, which, in turn, violate the
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1 constitutional rights of parents, this type of government speech may not be forced upon
2 teachers who conscientiously disagree.

3 **V. ARTICLE III STANDING**

4 The State Defendants assert that neither the parents nor the teachers enjoy Article
5 III standing. This Court disagrees as it explained in its earlier Order. *See* Order (dated
6 January 7, 2025), Dkt 194. In opposition to the motion for summary judgment, the State
7 Defendants re-urge the same arguments. However, the more recent arguments have been
8 drained of any new vigor by virtue of the State Defendants withdrawing their mootness
9 claims. *See* Notice of Withdrawal of Mootness Argument Pertaining to Plaintiffs' Motion
10 for Summary Judgment (Nov. 14, 2025), Dkt. 298.

11 **VI. MOOTNESS**

12 The State Defendants initially argued that the parental exclusion policies had been
13 withdrawn and were (by implication) no longer in effect. The State Defendants have now
14 withdrawn this argument in view of the California Department of Education's newly
15 distributed PRISM "cultural competency training" required of teachers and certificated
16 staff in 7th through 12th grades mandated by California Education Code §218.3(c). *Id.*;
17 *see also* Order (dated Apr. 10, 2025), Dkt. 236.

18 **VII. PERMANENT INJUNCTION**

19 "According to well-established principles of equity, a plaintiff seeking a permanent
20 injunction must satisfy a four-factor test before a court may grant such relief. A plaintiff
21 must demonstrate: (1) that it has suffered an irreparable injury; (2) that remedies
22 available at law, such as monetary damages, are inadequate to compensate for that injury;
23 (3) that, considering the balance of hardships between the plaintiff and defendant, a
24 remedy in equity is warranted; and (4) that the public interest would not be disserved by a
25 permanent injunction." *eBay Inc. v. MercExchange, L.L.C.*, 547 U.S. 388, 391 (2006).
26 For elements (3) and (4), "[w]hen the government is a party, the balance of equities and
27 public interest factors merge." *Galvez v. Jaddou*, 52 F.4th 821, 831 (9th Cir. 2022) (citing
28 *Nken v. Holder*, 556 U.S. 418, 435 (2009)).

1 All four factors are satisfied in this case. The parent plaintiffs have succeeded on
2 the merits of their motion for summary judgment on their Substantive Due Process and
3 Free Exercise Clause claims and therefore satisfy the four-factor test entitling them to
4 permanent injunctive relief on this claim. This is also true for the teacher plaintiffs in
5 regards to their First Amendment Free Exercise and Free Speech claims.

6 First, both the parents and teachers have established irreparable injury by showing
7 the State Defendants are violating their rights. “The loss of First Amendment freedoms,
8 for even minimal periods of time, unquestionably constitutes irreparable injury.” *Elrod v.*
9 *Burns*, 427 U.S. 347, 373 (1976). Second, the only relief plaintiffs request that is
10 available against the State Defendants and appropriate for these unconstitutional
11 violations is injunctive relief. Third, the balance of hardships between the plaintiff class
12 of parents and teachers versus the State Defendants warrants injunctive relief. The First
13 and Fourteenth Amendment rights are core constitutional rights. The state’s competing
14 interests are less substantial and light in comparison and must yield. The fourth factor, the
15 public interest, would not be disserved by a permanent injunction. As noted above, this
16 element merges with the third when the government is a party. Together, “it is always in
17 the public interest to prevent the violation of a party's constitutional rights.” *Am.*
18 *Beverage Ass'n v. City & Cnty. of San Francisco*, 916 F.3d 749, 758 (9th Cir. 2019);
19 *Foothill Church v. Watanabe*, 654 F. Supp. 3d 1054, 1058-59 (E.D. Cal. 2023).

20 **VIII. CONCLUSION**

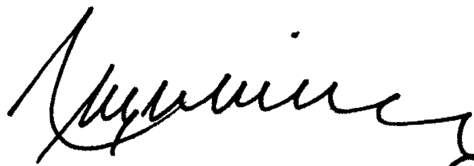
21 Parental involvement is essential to the healthy maturation of schoolchildren.
22 California’s public school system parental exclusion policies place a communication
23 barrier between parents and teachers. Some parents who do not want such barriers may
24 have the wherewithal to place their children in private schools or homeschool, or to move
25 to a different public school district. Families in middle or lower socio-economic
26 circumstances have no such options. For these parents, the new policy appears to
27 undermine their own constitutional rights while it conflicts with knowledgeable medical
28 opinion. The State Defendants are, in essence, asking this Court to limit, and restrict a

1 common-sense and legally sound description by the United States Supreme Court of
2 parental rights. That, this Court will not do.

3 Although, as stated previously, the State’s desire to protect vulnerable children
4 from harassment and discrimination is laudable, the parental exclusion policies create a
5 trifecta of harm: they harm the child who needs parental guidance and possibly mental
6 health intervention to determine if the incongruence is organic or whether it is the result
7 of bullying, peer pressure, or a fleeting impulse. They harm the parents by depriving
8 them of the long-recognized Fourteenth Amendment right to care, guide, and make health
9 care decisions for their children, and by substantially burdening many parents’ First
10 Amendment right to train their children in their sincerely held religious beliefs And
11 finally, they harm teachers who are compelled to violate the sincerely held beliefs and the
12 parent’s rights by forcing them to conceal information they feel is critical for the welfare
13 of their students.

14 A permanent injunction against announcing, repeating, or enforcing the parental
15 exclusion policies will issue in a separate Order.

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18 Dated: December 22, 2025

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21 ROGER T. BENITEZ
22 UNITED STATES DISTRICT JUDGE
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